Mothers are the light of the home. They are the ones who takes good care of us and makes sure we are alright. As the standing “parents” of the barangay, the barangay officials of Cresencia Village organizes a mother’s class for all the housewives in the barangay. This touches the rights to employment of women which aims for providing women a possible career path bringing them a just amount of wage. Cresencia Village helps them out by conducting mothers’ class headed by the Department of Health.

The program is organized by the barangay’s Barangay Nutrition Committee which includes the barangay Captain, Kagawad on Health, Treasurer, Secretary, Barangay Nutrition Scholar (BNS) and Barangay Nutrition Action Officer (BNAO). Mothers class consists of 15 classes where different facilitators invited by the BNC. The classes includes, nursing babies, correct breast feeding and family planning. More than the basic baby nursing lessons, the mothers enrolled have various livelihood trainings. A few examples of the livelihood trainings is Graham Balls Making (graham munchkins in shapes of balls), Bracelet making, Necklace making, Vase making (out of beads and papers).

In line with the Nutrition Month (July), BNC organizes the mothers’ class every year during its first week. Due to problems with the papers, BNC was not able to conduct the program on the first week of July this 2017. It was then held on the last week of July with 20 active mothers who enrolled.

This program does not only focuses on the health and wellness of the mothers’ families but also on the employment of women for the assistance of their families. Mothers could apply what they have learned during the 15-day classes. Cresencia believes that these enrolled mothers could benefit from the classes by applying it in their everyday lives.